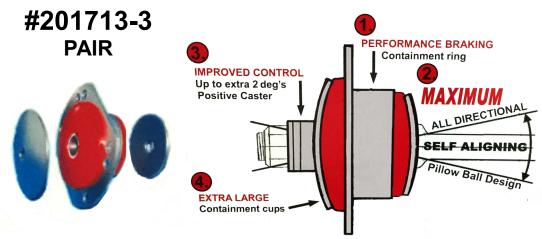
"Forward Facing" - Thrust Arm Bushings

1997 VT to '07 VZ / Pontiac GTO '04-'07



- A. Jack and use Safety stands to raise front of vehicle and remove wheels.
- **B.** Remove the thrust arm front mount nut and the outer mount bolts.
- **C.** Install new KMAC mounts and lubricate inner faces of both "cup" washes.

NOTE: For standard OEM Caster settings - fit the 3 spacer washers "behind" mount. Maximum positive Caster fit at "front" of mount.

1978 VB to 1997 VS #201518-2

- A. Jack and use Safety stands to raise front of vehicle and remove wheels.
- B. Remove the front and rear thrust arm mount nuts so arms can be removed from vehicle
- **C.** From front of subframe remove the OEM mount bush.
- D. Clean hole, then lubricate and install the new KMAC bushes.

"Lower Arm"- Inner & Outer Bushings

1978 VB to 2007 VZ / Pontiac GTO '04-'07

- A. Jack and use Safety stands to raise front of vehicle and remove wheels.
- **B.** Disconnect and remove lower control arm from vehicle.
- **C.** Remove existing bushes and clean holes.

OUTER BUSHES: #201518-3

- D. Grease and insert the crush tubes supplied onto the "smaller" hole (19^{mm}) bush. Then insert assembly from "front" of arm.
- E. Insert the "OEM stepped rear tube" into the KMAC large hole bush (21mm).

INNER BUSHES:

VB to VP #201518-4

F. Insert the four bushes supplied, 2 into each arm Then grease the inner crush tubes and insert.

'93 VR to VZ #201718-4

G. '3' bushes each side supplied (short and long) as OEM mounts bush lengths early and late model design. Therefore select correct length of bush to install.

Once assemblies completed reinstall arms and tighten all nuts to factory torque settings

ALL PART OF A MATCHED & TUNED TOTAL SYSTEM • ALSO MANUFACTURED •

FRONT • UPPER STRUT MOUNTS

CAMBER & CASTER ADJUSTABLE

(All the features not found in other brands)

Stage One - Street / Race Stage Three - Full Race

- UPRATED ANTI SWAY BARS Replacement or
 Ultimate F1 Style "Slide Adjustable"
- SPRINGS UPRATED (ANY HEIGHT)
- UPRATED MATCHING SHOCKS
- REAR CAMBER & TOE ADJUSTER KIT (IRS SUSPENSIONS)
 - UPRATED ANTI SWAY BARS Replacement or

Ultimate F1 Style "Slide Adjstable"

UPRATED SPRINGS & SHOCKS



Commodore

Front Uprated
"Elastomer"
Suspension Bushings

1978 VB to 2007

(incl. Pontiac GTO '04-'07)
'07-'17 VE, VF, G8 See separate listing
See website re "Total System"